

## What matters most to Christians and Humanists?

### Humanism background information

Humanists do not believe in a god. They believe it is possible to live a good and fulfilling life without following a traditional religion.

They do not follow a holy book either. Instead, Humanists value traits like reason and rely on science to explain the way things are.

Humanists believe that people have one life to live - there is no afterlife. As a result, they focus on being happy and making the most of their life. They also believe they have a duty to support others.

### Key Questions:

- Do rules matter? Why? What is a code for living?
- What is a humanist? What codes for living do non-religious people use?
- What codes for living do Christians try to follow?
- Do different people have different values?
- Can we create a code for living that would help the world?

### Key Vocabulary

**humanist** a person who believes in humanism (= the idea that people do not need a god or religion to satisfy their spiritual and emotional needs)

**Christian** of or belonging to the religion based on the teachings of Jesus Christ

**values** the principles that help you to decide what is right and wrong, and how to act in various situations

**non-religious** not having a belief in a god or gods

**rules** an accepted principle or instruction that states the way things are or should be done, and tells you what you are allowed or are not allowed to do

**code** a set of principles that are accepted and used by society or a particular group of people:

**living** the way in which you live your life

**community** a group of people who are considered as a unit because of their shared interests or background

**morals** standards for good or bad character and behaviour

**fairness** the quality of treating people equally or in a way that is right or reasonable

**justice** fairness in the way people are dealt with

**forgiveness** the act of forgiving or the willingness to forgive

